



DAYANAND COLLEGE OF COMMERCE, LATUR

Action Taken Report

Academic Year 2025-26

(Conference/Workshop/Symposium/Seminar/Guest Lecture/Special Day Celebration/Open day/ Exhibition/ Sport activities/NSS activities/Portfolio activities etc.)

Sr. No.	Heads	Particulars				
1	Name of the Department / Committee	Women Empowerment Cell				
2	Complete name/title of the Activity	One day Seminar on How to become Mentally Strong				
3	Name & Designation of Activity In-charge	Dr. P.P. Varma				
5	Date of Notice Served	4 th October 2025				
6	Dates or Duration (From.... To....) of Activity	10 October 2025				
7	Resource Person (Name and Designation)	Dr. Anita Rathod (Motivational Speaker, Life Coach)				
8	Venue of the Event	Seminar Hall(07), DCCL				
9	Sponsor/Collaboration (if any)	-				
10	Level of the Event: International/National/State/University/ District/College/Department etc.	College Level				
12	Beneficiaries/Participants	Students (M)	Students (F)	Faculty (M)	Faculty (F)	Total
		00	49	07	20	76
13	Purpose/aim/objective and outcome of the event					
	Objectives: - To Build Emotional Control - To Develop Resilience - To Improve Self-Discipline - To enhance Creativity and Positive thinking			Outcome: - Better Stress Management - Emotional Stability - Stronger Decision-Making Skills - Higher Confidence		

14. Complete Activity Report (Description)

A one-day seminar on the topic “**How to Become Mentally Strong**” was successfully organized in Dayanand Commerce College by Women Empowerment Cell to promote mental well-being, resilience, and personal development among students. The seminar aimed to create awareness about the importance of mental strength in overcoming life’s challenges and achieving success.

The program commenced with a warm welcome of the guests and participants. The session was effectively anchored by **Dr. V. P. Varma**, who skillfully guided the flow of the event with clarity and enthusiasm. The seminar covered various important aspects of mental strength, including emotional control, stress management, positive thinking, self-discipline, and resilience. The speaker emphasized practical techniques such as mindfulness, maintaining a positive mindset, and developing strong habits

to handle pressure and adversity. Real-life examples and interactive discussions made the session informative and relatable for the participants.

Students actively participated in the seminar, asking questions and sharing their experiences. The session proved to be highly beneficial in helping them understand how to stay mentally strong in academic as well as personal life. The program concluded with a heartfelt Vote of Thanks delivered by **Asst. Prof. S. S. Patil**, who expressed gratitude to the speaker, organizer, and all participants for making the seminar a grand success. Overall, the seminar was informative, inspiring, and impactful, leaving the participants motivated to develop mental strength and lead a balanced and successful life.

15. Meeting Conducted

08/10/2026

Notice

The following committee members are
~~are~~ informed to attend the meeting
regarding one day seminar on 'How to
Become mentally strong' on 10th Oct., 2025
in women Empowerment cell, today.

Deepa
Incharge
(W.E. cell)

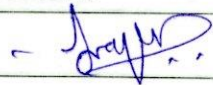
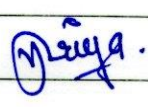
Name of the faculty members	sign.
Mrs. D. A. Shaikh	<u>Deepali J.</u>
M. M. Joshi	<u>Deepa</u>
Sharanasthi S. P.	<u>Deepa</u>
Padi S. S.	<u>Deepa</u>

09/10/2025

* Meeting Resolutions :-

Agenda:- One day Seminar on 'How to Become mentally strong' on 10th Oct., 2025.

Distribution of work among members:-

1. Programme schedule, Invitation letter, thanking letter, notice to staff, notice to student, Attendance sheet
- Sharanarthi S.P. - 
2. Stage decorations, Anchoring, Bio-tag photos
- Mrs. D. A. Shalkh Deepali.
3. Banner, Certificate, invitation to Judges, tea arrangements,
- Dr. Varma Prerna 
4. News for publication
- Prof. G. M. Joshi
5. Preparation of ATR
- Prof. S. S. Patil

16. Notice



Dayanand Education Society's
Dayanand College of Commerce, Latur
Women Empowerment Cell (2025-26)
NOTICE

Date: 04.10.2025

Subject: One-Day Seminar on "How to Become Mentally Strong"

All the girl students are hereby informed that, **Women Empowerment Cell of our college organize** a one-day seminar on the topic **"How to Become Mentally Strong"**. The seminar is designed to help students develop mental resilience, cope with academic and personal stress, and build a positive and confident mindset essential for success in both personal and professional life.

Seminar Details:

Date: 10.10.2025, **Time:** 11.00AM, **Venue:** Seminar Hall

Resource Person: Dr. Anita Rathod

All girl students are encouraged to attend this informative session and benefit from the insights shared by the expert.

Dr. Priya Varma

Women Empowerment Cell

Vice Principal
Dayanand College of Commerce,
LATUR - 413512

17. Banner



Dayanand College of Commerce, Latur

Women Empowerment Cell



Organizes

One Day Seminar on

HOW TO BECOME MENTALLY STRONG



Resource Person:

Dr. Anita Rathod

(Motivation Speaker, Life and Mindset Coach)



YouTube Channel: @mindset2047



10th October 2025 | ⌚ 1:00 p.m.

18. Invitation & Thanking Letter

Establishment Year: 1961
Independent: 1970
NAAC Accredited: A+ Grade
3.38 CGPA IV Cycle



Phone No.: (02382) 221349, 220602
Fax No. : (02382) --
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Dayanand Education Society's

Dayanand College of Commerce, Latur

(Affiliated to - Swami Ramanand Teerth Marathwada University, Nanded.)

Laxmiraman Lahoti

President

Ramesh Biyani

Secretary

Dr. Prashant Mannikar

(M.A., NET, SET, Ph.D., M.B.A. (H.R.))

Principal

Ref. No.: 42025-26/638 (A)

Date: 04.10.2025

Invitation Letter

To,

Dr. Anita Rathod,

Motivational Speaker & Life Coach,

Latur.

Subject: Invitation to Serve as Resource Person at the One Day Seminar on
How to Become Mentally Strong.

Respected Madam,

I am pleased to extend a heartfelt invitation to you for One Day Seminar on **“How to Become Mentally Strong”** organized by Women Empowerment Cell. We would be honored if you could join us and guide our students as the **‘Resource Person’** for the Seminar.

Event Details:

- **Date:** Friday, 10/10/2025
- **Time:** 01.00 PM
- **Venue:** Seminar Hall, Dayanand College of Commerce, Latur


Principal
Dayanand College of Commerce,
LATUR.

Establishment Year: 1961
Independent: 1970
NAAC Accredited: A+ Grade
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Phone No.: (02382) 221349, 220602
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Laxmiraman Lahoti

President

Ramesh Biyani

Secretary

Dr. Prashant Mannikar

(M.A., NET, SET, Ph.D., M.B.A. (H.R.))
Principal

Ref. No.: 966/2025-26/638 (A)

Date: 10/10/2025

Thanking Letter

To

Dr. Anita Rathod,

Motivational Speaker & Life Coach,

Latur.

Respected Madam,

I am writing to express our heartfelt gratitude for your invaluable presence as the 'Resource Person' of One Day Seminar on "How to Become Mentally Strong".

Your insightful address and engaging participation significantly enriched our event and provided tremendous value to our students.

Thank you once again for sharing your time and wisdom with us. We look forward to future opportunities for collaboration and hope to welcome you again soon.


Principal
Dayanand College of Commerce,
LATUR.

19. Programme Schedule



| DAYANAND EDUCATION SOCIETY'S,

DAYANAND COLLEGE OF COMMERCE, LATUR

Women Empowerment Cell

Organized

One day Seminar on How to become Mentally Strong

10th October 2025

Venue : Seminar Hall, DCCL

Time: 1.30 P.M.

Programme Schedule

President	: Prof. P.M. Mannikar (Principal, DCCL)
Chief Guest	: Dr. Anita Rathod (Motivational Speaker, Life Coach)
Special Presence	: Dr. G.R. Lahane (Vice-Principal, DCCL)
	: Dr. B.T. Chavan (IQAC Co-ordinator, DCCL)
	: Dr. S.V. Swami (HoD, MCA & BCA, DCCL)
	: Dr. V. B. Satpute (HoD, MBA & BBA, DCCL)
Felicitation Program	: All dignitaries on Dias
Introductory Speech	: Dr. V.P. Varma
Chief Guest Speech	: Dr. Anita Rathod (Motivational Speaker, Life Coach)
Anchoring	: Dr. V.P. Varma
Vote of Thanks	: Asst. Prof. S.S. Patil

20. Photographs (Geo Tagged) with caption



21. Staff Attendance

DAYANAND COLLEGE OF COMMERCE, LATUR Staff Attendance Sheet

Name of the Activity: **How to Become Mentally Strong**

Name of the Department/Cell: **Women Empowerment Cell**

Date: **10/10/2025**

Sr. No.	Name	Designation	Gender	Sign
1.	Dr. P. M. Mannikar	Principal	M	
2.	Dr. G. R. Lahane	Vice-principal	M	
3.	Dr. B. T. Chavan	ICAC	M	
4.	Dr. A. S. Bhargi	Asst. Prof.	F	
5.	Agrawal N. M	Asst. Prof.	F	
6.	Dr. R. N. Gidga	Asst. Prof.	F	
7.	Kamble A. A.	—	F	
8.	S. P. Chikate	Asst. Prof.	F	
9.	Snehal S. Patil	—	F	
10.	Dr. B. R. Dayma	Professor	M	
11.	Dr. Vishal Varnik	Asst. Prof.	M	
12.	Asst. Prof. K. G. Kamble	—	M	
13.	Mrs. J. A. Jaghavarde	—	F	
14.	Dr. Satpute V. B	—	F	
15.	N. S. Waghmare	—	F	
16.	Patil K. R.	—	F	
17.	Joshi G. M.	—	F	
18.	Patel S. N.	—	F	
19.	Naik S. G.	—	F	
20.	Mr. P. P. Patil	—	M	
21.	Sharanasthi S. P.	—	F	
22.	Chikate S. P.	Asst. Prof.	F	
23.	Pachange K. V.	Asst. Prof.	F	
24.	S. J. Shaikh	—	F	
25.	Dr. L. M. Jadhav	—	F	
26.	D. A. Shaikh	—	F	
27.	Patil Kalyani	—	F	

22. Students Attendance

DAYANAND COLLEGE OF COMMERCE, LATUR Student Attendance Sheet

Name of the Activity: **How to Become Mentally Strong**

Name of the Department/Cell: **Women Empowerment Cell**

Date: **10/10/2025**

Sr. No.	Name	Class & Div	Gender	Sign
1	Turnkute shevati	B.Com-II-E	F	<u>Shevati</u>
2	charan snehal	B.Com-II-E	F	<u>Snehal</u>
3	Aade sneha	B.Com-II-E	F	<u>Sneha</u>
4	Pramita more	B.com fy B	F	<u>Pramita</u>
5	Gomchale Sakshi	B.com fy E	F	<u>Sakshi</u>
6	Helale Nishika	B.com FY-G	F	<u>Nishika</u>
7	Halkar gayatri	B.com sy	f	<u>Gayatri</u>
8	Srushti monale	B.com sy	f	<u>Srushti</u>
9	Waghmare Chaitanya	B.com. Ty	f	<u>Chaitanya</u>
10	Katke Prachi	B.com. Ty.	F	<u>Prachi</u>
11	Kamble Sakshi. S.	B.com Ty	F	<u>Sakshi</u>
12	Debadwar Amruta	B.com Ty	F	<u>Amruta</u>
13	Waghmare Neha	B.com sy	f	<u>Neha</u>
14	Waghmare Akanksha	B.com sy	f	<u>Akanksha</u>
15	Khose Gayatri	B.com sy	f	<u>Khose</u>
16	Zanwar Prachi	B.com s. y.	F	<u>Prachi</u>
17	Pawar payal	B.com s. y	F	<u>Payal</u>
18	Kagde Amruta	B.com sy	F	<u>Amruta</u>
19	Kiswe Pranali	B.com sy	F	<u>Pranali</u>
20	Ghodke Mayuri	B.com sy	f	<u>Mayuri</u>
21	Limbapure sakshi	B.com sy	f	<u>Sakshi</u>
22	Mahamuni Shruti	B.com FY	F	<u>Shruti</u>
23	Maske Pooja	B.com sy	F	<u>Pooja</u>
24	Shinde Shrutika	B.com sy	F	<u>Shrutika</u>
25	Surwase Anjali	B.com sy	F	<u>Anjali</u>
26	Shinde			
27	Sujata Hasanabade	B.com sy	F	<u>Sujata</u>
28	Suchita Hasanabade	B.com sy	F	<u>Suchita</u>

DAYANAND COLLEGE OF COMMERCE, LATUR
Student Attendance Sheet

Sr. No.	Name	Class	Gender	Sign
28.	Suksena Kakade	B.com Sy	F	
29	Vaishnavi Waghmare	B.com Sy	F	
30.	Shaikh Shafiya Farid	MCA FY	F	
31.	Bagwan Tanuja Mahin	MCA FY	F	
32.	Rutuja Vijay Akate	mca fy	F	
33.	Dhamale. Harshada Daga	mca fy	F	
34	Kulkarni Aditi Vilas	mca fy	F	
35	Suryavanshi Gayatri	MCA FY	F	
36	Kamble Swati Dhanraj	MCA FY	F	
37	Kotiwal Nikita Rameshwar	B.com FY	F	
38	panchal shweta	B.com FY	F	
39	Shinde Gayatri Pandurang	B.com FY	F	
40	Apeksha Sharad Wadande	B.com FY	F	
41	Gude Nishigandha	B.com FY	F	
42	Omkar Gomsale	B.com Sy	M	
43	Surwase Hiraj K	—	M	
44.	Moghe. Sanket U.	—	—	
45	Kawale A.D.	—	—	
46	Shindalkar Harsh	—	M	
47	Suryavanshi Satil	B.com T-y	M	
48.	Kulkarni Rahul	B.com T-y	M	
49.	Bhutada Meet	B.com FY	M	
50	Shinde Ritesh	B.com T-y	M	

Programme Coordinator

IQAC Coordinator
Co-ordinator

Internal Quality Assurance Cell
Dayanand College of Commerce, Latur.

Principal
Principal

Dayanand College of Commerce,
LATUR.