



Maharashtra State Powerlifting Association

Affiliated to :- Powerlifting India, International Powerlifting Federation & Asian Powerlifting Federation

Maharashtra State, Mumbai 534, Registration No.1994, G.B.B.S.D., Brihanmumbai F - 16685 (Mumbai)

Certificate

SR. No: MSPA/MUM-2022/1723

This is to certify that

KAJAL BHAKARE

OF

THANE, DIST.

Has participated in the

**MAHARASHTRA STATE SENIOR [MEN & WOMEN]
POWERLIFTING CHAMPIONSHIP HELD AT DNYANESHWAR
VIDYALAY, WADALA ON 07 & 08 DECEMBER 2022**

As **COMPETITOR**

AND SECURED **FIRST** PLACE IN **SENIOR** B. Wt. CLASS **47 KG**

SQUAT : 132.5 Kg

BENCH PRESS : 87.5 Kg

DEADLIFT : 130 Kg

TOTAL : 350 Kg



Sajeevan Bhaskaran
President

Sanjay P. Sardesai
General Secretary



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Maharashtra State, Mumbai 534, Registration No.1994, G.B.B.S.D., Brihanmumbai F - 16685 (Mumbai)

Certificate

SR. No: MSPA/KOP-2021/405

This is to certify that

KAJAL BHAKARE
OF
THANE, DIST.

has participated in the

**Maharashtra State SENIOR [MEN & WOMEN]
POWERLIFTING CHAMPAIONSHIP HELD AT KOLHAPUR**

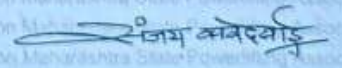
ON 11 & 12 DEC 2021

As **COMPETITOR**

AND SECURED **FIRST** PLACE IN **SENIOR** B. Wt. CLASS **47 KG**

SQUAT : 152.5 Kg
BENCH PRESS : 97.5 Kg
DEADLIFT : 147.5 Kg
TOTAL : 397.5 Kg


Sajeevan Bhaskaran
President


Sanjay P. Sardesai
General Secretary

Association of Indian Universities

AIU HOUSE, 16 COMRADE INDRAJIT GUPTA MARG (KOTLA MARG), NEW DELHI 11002





CERTIFICATE OF MERIT

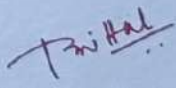
AD No: 23617

This is to certify that... **BHAKARE... KAJAL**.....
Mother's Name... **SHOBHA**..... Father's Name... **KRUSHNA**.....
represented... **S.R.T.M.**..... University... **NANDED**.....
in the All India Inter-University... **Powerlifting (Women)**..... Tournament
held at... **CUHP, Dharamshala**..... From... **09th March**... To... **12th March**.....
and Secured... **SECOND**..... Position.

a) Time/Distance/Height... **—**.....
(if applicable)
b) Weight Category... **47 KG**.....


Organising Secretary
Date... **10/4/23**.....


Dr. Baljit Singh Sekhon
Joint Secretary (W & Sports)
Association of Indian Universities
AIU House, 16, Indrajit Gupta Marg,
New Delhi 11002


Secretary General

COMMONWEALTH POWERLIFTING FEDERATION
CERTIFICATE

THIS IS TO CERTIFY THAT

KAJAL BHAKARE

OF THE NATION

INDIA

Achieved the **FIRST** Place with the following performance result in

OPEN – 47 KG – EQUIPPED POWERLIFTING CLASS

(130.0 KG SQUAT 85.0 KG BENCHPRESS 135.0 KG DEADLIFT 350.0 KG TOTAL)

AT THE 9TH COMMONWEALTH CLASSIC AND EQUIPPED POWERLIFTING AND BENCHPRESS CHAMPIONSHIPS
held at Auckland, New Zealand from November 28 – December 04, 2022.

IN ACCORDANCE WITH THE RULES AND REGULATIONS OF THE COMMONWEALTH POWERLIFTING FEDERATION
AND THE INTERNATIONAL POWERLIFTING FEDERATION

Richard Parker
PRESIDENT

Bill You
GENERAL SECRETARY