

Available Sports facilities in our college premises.

Cricket Ground

Cricket ground referred to as the Ground no. 1, Total Size of the ground is 130 m. X 130 m. (16900 Sq. m.) This ground has the facility of 5 turf wickets in the center of the ground for tournament purpose, 8 turf wickets and 2 cement wickets for practice purpose and complete green top surface with international standard. Sub surface drainage system is installed in this ground to drain out all the excess water. Automatic sprinkler system for lawn and QRC water curing system for the turf wickets is also installed on this ground. This ground has been secured by compound wall. All the state level, Inter collegiate and Inter School tournaments are conducted on this ground.



Ground No. – 2

Ground no. 2 is relatively smaller ground (100 m X 100 m) One Basketball court with cement concrete surface, two volleyball courts, Two Lawn tennis clay courts, one Kho-Kho court, and Two Kabaddi courts are available on this ground. All other big field games are organized on this ground.



Indoor Stadium :

Badminton Hall with Four Yonex (Synthetic) mat courts is available in this stadium. The hall is fitted with best in class lighting arrangements so that students can play in best possible environment. The Hall has a seating capacity of 1500. Three Table tennis tables are also provided for the students in this same hall.

Two separate Gym facilities for Girls and Boys students are available in the Gymnasium halls. List of available Machines in the Gym 1) Parallel Bar 2) Dips Stand 3) Weight lifting set 4) Lat Pull Down 5) Chest Press 6) Abdomen Crunch 7) Leg extension and leg curl 8) Pec Dec 9) Shoulder Press 10) Bench Press bench 11) Dumbbells 12) Adductor 13) Smith Machine 14) Cross Over 15) Barbell Bar 16) Hack & squat press 17) Power max 18) Treadmills etc.



➤ Area of sports infrastructure.

	Badminton Hall (4 courts)	Basketball (1 Court)	Cricket Ground	Chess Hall	Gym khana	Kho-Kho (1 court)	Kabaddi (2 courts)	Lawn Tennis (2 courts)	Multipurpose Ground	Table Tennis Hall	Volleyball Court (2 Courts)	Weight Lifting Hall
Size in Meters	30x30	35x22	130x130	6x9	9x30	30x20	32x28	37x40	100x100	6x9	44x22	7x14
Area in Sq. meters	900	770	16900	54	270	600	896	1480	10000	54	968	98



Commonwealth Power Lifting World Champion Ship Tournament Held at Newzeland at Auckland in Dt. 28 nov 2022 to 04 Dec 2022 Kajal Bhakare Got three Gold Medal Bench Press, Squat, Deadlift

All India University Power Lifting Tourment Held at Dharmashala Himachal. She got Silver Medal in Tourment

➤ **Personal Achievement of Director Physical Education & Sports Year (2022-23) :-**

Sr. No.	Discipline	Tournament/Coaching Camp	Team/Level
1	Weight Lifting	Selection Committee Chairman	A Zone
2	Power Lifting	Selection Committee Chairman	A Zone
3	Best Physique	Selection Committee Chairman	A Zone
4	Volley Ball (Men & Women)	Selection Committee Member	A Zone
5	Foot Ball (Men)	Selection Committee Member	A Zone
6	Cricket (Women)	Selection Committee Member	A Zone
7	Weight Lifting	Selection Committee Chairman	Central Zone
8	Power Lifting	Selection Committee Member	Central Zone
9	Best Physique	Selection Committee Chairman	Central Zone

10	Volley Ball (Men)	Selection Committee Member	Central Zone
11	All Games of A Zone	Member of A Zone Sports Council	A Zone
12	Power Lifting	Appointed as a Coach	All India Tournament

➤ Organized Events by Department of Physical education and sports :-

Sr. No.	Discipline	Tournament/Coaching Camp	Team/Level	Date	Year
1	Yoga Sana (Men)	Tournament	A Zone	10/12/2022	2022-23
2	Yoga Sana (Women)	Tournament	A Zone	10/12/2022	2022-23
3	Mallakhamb (Men)	Tournament	Central Zone	14/11/2022	2022-23
4	Weight Lifting (Men)	Coaching Camp	A Zone	18 to 20 Nov 2022	2022-23
5	Power Lifting (Men)	Coaching Camp	A Zone	18 to 20 Nov 2022	2022-23
6	Best Physique (Men)	Coaching Camp	A Zone	18 to 20 Nov 2022	2022-23
7	Kho-Kho (Men)	Coaching Camp	A Zone	07 to 11 Oct 2022	2022-23
8	Volley Ball (Men)	Coaching Camp	A Zone	12 to 14 Oct 2022	2022-23
9	Volley Ball (Women)	Coaching Camp	A Zone	12 to 14 Oct 2022	2022-23
10	Power Lifting (Men)	Coaching Camp	University	10 to 18 Feb 2022	2022-23
11	Best Physique (Men)	Coaching Camp	University	10 to 18 Feb 2022	2022-23

➤ Achievements in Team Event Department of Physical education and Sports :-

Sr. No.	Discipline	Level of the Tournament	Position	Year
1	Table Tennis (Women)	A Zone	Winner	2022-23
2	Badminton (Women)	A Zone	Winner	2022-23

3	Football (Men)	A Zone	Winner	2022-23
4	Weight Lifting (Men)	A Zone	Winner & General Championship	2022-23
5	Power Lifting (Men)	A Zone	Winner & General Championship	2022-23
6	Best Physique (Men)	A Zone	Winner & General Championship	2022-23
7	Cricket (Women)	A Zone	Winner	2022-23
8	Taekwondo (Women)	A Zone	Winner	2022-23
9	Kabaddi (Women)	A Zone	Runner	2022-23
10	Boxing (Men)	A Zone	Runner	2022-23
11	Kho-Kho (Men)	A Zone	Third Place	2022-23
12	Basket Ball (Men)	A Zone	Third Place	2022-23
13	Chess (Men)	A Zone	Third Place	2022-23
14	Cricket (Men)	A Zone	Third Place	2022-23

➤ Achievements in Individual & Team Events Inter College:-

Sr.No.	Name of the player	Discipline	Level of the Tournament	Position	Year
1	Partiksha	Taekwondo (Women)	A Zone	I	2022-23
2	Dalvi Krishna	Weight Lifting (Men)	A Zone	I	2022-23
3	Mali Devanand	Power Lifting (Men)	A Zone	I	2022-23
4	Chilme Abhay	Power Lifting (Men)	A Zone	I	2022-23
5	Mnathan	Best Physique (Men)	A Zone	I	2022-23
6	Jaydeepa	Boxing (Men)	A Zone	II	2022-23
7	Dalvi Krishna	Shot Put (Men)	A Zone	II	2022-23
8	Khadke Govind	20 K.m. Walking in Athletics	A Zone	II	2022-23

9	Chogule Ritesh	Long Jump	A Zone	III	2022-23
10	Aarti Rathod	Cricket	Central Zone	I	2022-23
11	Aishwarya Yevle	Cricket	Central Zone	I	2022-23
12	Mohini	Cricket	Central Zone	I	2022-23
13	Isha Koushik	Cricket	Central Zone	I	2022-23
14	Kalyani Suryawanshi	Cricket	Central Zone	I	2022-23
15	Ajay Shinde	Cricket	Central Zone	I	2022-23
16	Patel Mohamad Kaif	Foot Ball	Central Zone	III	2022-23

Achievements: West Zone Tournament & All India University Tournament & World Tournament

Sr.No.	Name of the player	Discipline	Level of the Tournament	Position	Year
1	Ku. Kajal Bhakare	Power Lifting	Commonwealth Power Lifting World Champion Ship Tournament Held at New Zealand at Auckland in Dt. 28 Nov 2022 to 04 Dec 2022	Three Gold Medal (Winner)	2022-23
2	Ku. Kajal Bhakare	Power Lifting	All India University Power Lifting Tournament Held at Dharmashala Himachal	Silver Medal (Runner)	2022-23
3	Krishna Dalvi	Weghit Lifting	All India University Wegiht Lifting Tournament Held at Chandigarh University Chandigarh, Punjab	Participation 08 to 13 Mar 2023	2022-23
4	Padile Aaditya	Power Lifting	All India University Power Lifting Tournament Held at Gurukashi University Bhatinda, Punjab	Participation 20 to 24 Feb 2023	2022-23
5	Mali Devanand	Power Lifting	All India University Power Lifting Tournament Held at Gurukashi University Bhatinda, Punjab	Participation 20 to 24 Feb 2023	2022-23
6	Abhay Chilme	Power Lifting	All India University Power Lifting Tournament Held at Gurukashi University Bhatinda, Punjab	Participation 20 to 24 Feb 2023	2022-23
7	Patel Mohamad Kaif	Foot Ball	West Zone Held at Rani Durgawati University Jabalpur (Madhya Pradesh)	Participation 22 to 24 Dec 2023	2022-23

8	Aarti Rathod	Cricket	West Zone Held at K.I.T. College, Bhubaneswar, Odisha	Participation 01 to 12 Mar 2023	2022-23
9	Aishwarya Yevle	Cricket	West Zone Held at K.I.T. College, Bhubaneswar, Odisha	Participation 01 to 12 Mar 2023	2022-23
10	Mohini	Cricket	West Zone Held at K.I.T. College, Bhubaneswar, Odisha	Participation 01 to 12 Mar 2023	2022-23
11	Isha Koushik	Cricket	West Zone Held at K.I.T. College, Bhubaneswar, Odisha	Participation 01 to 12 Mar 2023	2022-23
12	Kalyani Suryawanshi	Cricket	West Zone Held at K.I.T. College, Bhubaneswar, Odisha	Participation 01 to 12 Mar 2023	2022-23
13	Ajay Shinde	Cricket	West Zone Held at Pandit Deendayal University, Sikar	Participation 01 to 10 Feb 2023	2022-23

IQAC

Dr. Nitesh Swami
Head Dept.Phy.Edu.&Sports

I/C Principal