

Establishment Year: 1961
Independent: 1970
NAAC Grade (3rd cycle): B ++ (2.97)



Phone No.: (02382) 221349, 220602
Website: www.dcomm.org
Email: dayanandcommerce@gmail.com

Dayanand College of Commerce, Latur

Internal Quality Assurance Cell,

(Affiliated to - Swami Ramanand Teerth Marathwada University, Nanded.)

Dr. Balaji G. Kamble

M.Com., SET, NET, Ph.D.
IQAC Coordinator

Dr. Shriram S. Solanke

M.Com. LLB M.Phil., Ph.D.
Principal & IQAC Chairman

Date: 21/05/2021

Action Taken Report (2020-2021)

Name of the Committee: **Commerce Association 2020-21**

Name of the Committee Incharge: **Vyas N.R.**

Name of undertaken activity: State Level One Day Webinar On "Mental Health & Well-Being during Covid-19 Pandemic"

Day and Date of Activity: **Saturday, 29th May 2021**

Name of Resource Person: **Dr. Tatyrao Lahane**, (Director DMER, Mumbai)

Position/Interested Area of Resource Person: **Medical Science**

Chairperson of the Activity: **Shri.Laxmirammanji Lahoti, President, DES, Latur.**


Name and Position of Organizer: **Vyas N.R.** (In-charge, Commerce Association -2020-21)

Number of Participants:

Sr.No	Students (Male)	Students (Female)	Teaching staff	Administrative staff	Total
1	Online Attendance	Online Attendance	Online Attendance	Online Attendance	1535

• **Following documents are attached along with this:**

1. Complete Activity Report (Duly signed by the Principal and Organizer)
2. Event photos (Geo tagged) and newspaper cutting of activities.
3. Invitation Letter given to Resource Person/Guest Speaker to attend the activity/program.


Committee Incharge
Vyas N.R.


Co-ordinator
Internal Quality Assurance Cell
Dayanand College of Commerce, Latur.


Principal
PRINCIPAL
Dayanand College of Commerce
LATUR.



Dayanand Education Society's

Dayanand College of Commerce, Latur

[Affiliated to Swami Ramanand Teerth Marathwada University, Nanded]

Commerce Association (2020-21)

State Level One Day Webinar On

Mental Health & Well-Being during Covid-19 Pandemic

On 29th may 2021, Saturday



दयानंद शिक्षण संस्था, लातूर संचलित

दयानंद वाणिज्य महाविद्यालय, लातूर

वाणिज्य मंडळ 2020-2021

आयोजित

" कोरोना महामारी काळातील मानसिक
स्वास्थ्य आणि जीवन शैली " या विषयावर

एकदिवसीय राज्यस्तरीय कार्यशाळा

शनिवार, दि. 29 मे 2021, वेळ सकाळी 10.00 वा.



प्रमुख मार्गदर्शक
मा. डॉ. तात्यारावजी लहाने
(सुप्रसिद्ध नेत्ररोग तज्ञ)

स्थापना वर्ष : १९६१
नेक रिऑक्रिडीटेड : बी++ ग्रेड
थर्ड सायकल



दूरध्वनी क्र.:(०२३८२) २२२६०२, २२१६०२
(०२३८२) २२१३४९
ई-मेल : dcomm@rediffmail.com

दयानंद शिक्षण संस्था संगलित

दयानंद वाणिज्य महाविद्यालय, लातूर

इथे घडतो संपन्न जीवन

(संलग्नित - स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड)

लक्ष्मीरमण लाहोटी
अध्यक्ष

रमेश धियाणी
राधिय

डॉ. भीराम सोळंके
एम.कॉम., एलएल.बी., एम.फिल., पीच.डी.
प्राचार्य

जा. क्र. D4 २०२०-२०२१/५९६

दिनांक : २०.०५.२०२१

निमंत्रण पत्र

प्रति,
मा.डॉ. तात्यारावजी लहाने साहेब,
सुप्रसिद्ध नेत्ररोग तज्ञ तथा
संचालक, वैद्यकीय शिक्षण व संशोधन संचालनालय (DMER)
मुंबई (महाराष्ट्र राज्य)


विषय : एकदिवसीय राज्यस्तरीय (Online) कार्यशाळेस उपस्थित राहून मार्गदर्शन करणे बाबत...

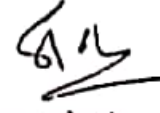
महोदय,

उपरोक्त विषयी विनंती की, प्रस्तुत महाविद्यालयाच्या वतीने **Mental Health & Well Being during Covid-19 Pandemic** या विषयावर **शनिवार, दि. २९ मे २०२१ रोजी सकाळी ११.०० ते दुपारी २.००** या वेळेत एकदिवसीय राज्यस्तरीय कार्यशाळेचे झुम ॲप (Zoom App) द्वारे आयोजन करण्यात आले आहे.

सध्याची कोरोना परिस्थिती व त्यामुळे विद्यार्थी, शिक्षक इत्यादी शैक्षणिक क्षेत्रातील घटकांमध्ये निर्माण झालेले समज-गैरसमज, ताणतणाव, आरोग्य विषयक समस्या याबाबत जनजागृती व आवश्यक उपाययोजनांकरिता आपल्यासारख्या तज्ञ मार्गदर्शकांच्या मौलिक मार्गदर्शनाची आवश्यकता निर्माण झाली आहे.

सदर कार्यशाळेत महाराष्ट्रातील विविध महाविद्यालयांतील विद्यार्थी, शिक्षक यासह विविध क्षेत्रातील मान्यवर सहभागी होणार आहेत. तरी आपण कार्यशाळेत मार्गदर्शन करून उपकृत करावे ही नम्र विनंती.


प्रा. निखोल व्यास
प्रभारी, वाणिज्य मंडळ


डॉ. एस.एस. सोळंके
प्राचार्य

As the corona virus pandemic rapidly sweeps across the world, it is inducing a considerable degree of fear, worry and concern in the population at large and among certain groups in particular, such as students, older adults, care providers and people with underlying health conditions.

In public mental health terms, the main psychological impact to date is elevated rates of stress or anxiety. But as new measures and impacts are introduced – especially quarantine and its effects on many people's usual activities, routines or livelihoods – levels of loneliness, depression, harmful alcohol and drug use, and self-harm or suicidal behaviour are also expected to rise.

Therefore to improve mental health and Well-being during Covid-19 pandemic, Dayanand College of Commerce, Latur, Commerce Association (2020-21) organized State Level One Day Webinar on "Mental Health & Well-Being during Covid-19 Pandemic" on 29th May 2020.

For this webinar Hon.Dr.Tatyraoji Lahane, Renowned Eye Surgeon and Director, Directorate of Medical Education and Research, Mumbai (DMER) was present as the resources person through Zoom Meeting App and You Tube Live.

President of Dayanand Education Society, Hon.Shri.Laxmiramanji Lahoti presided over the webinar. Vice-President Shri.Rameshkumarji Rathi, Secretary Shri. Rameshji Biyani, Principal Dr.Shriram Solanke, Vice-Principal Dr.Rajaram Pawar, All Members of Dayanand Education Society and Principals of All Sister Colleges of DES was present as guests of honour.

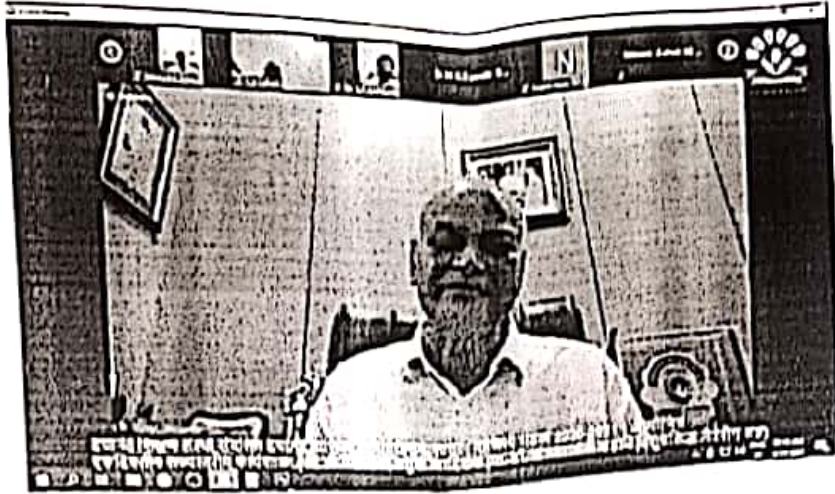
At the outset of, the In-charge of Commerce association Nikhil Vyas welcomed all the guests and anchored the session. Principal Dr.Shriram Solanke made an introductory speech.

The resource persons gave the best guidance to the webinar and touched all aspects and measures to be taken while Covid-19 pandemic regarding mental Health, nutrition, exercise etc.

Dr.Vishal Varma introduced briefly about the life and works of Dr.Tatyraoji Lahane. Shri.Shivnarayan Sharma made conversation with Chief Speaker and highlighted some queries from the attendees at the end of session. Shri.Shrawan Bansode proposed vote of thanks. Dr.Smita Bhakkad, Shri. Shivnarayan Sharma, Mr.Quadeer Shaikh, Shri.Shrawan Bansode, Shri.Akshay Pawar, Shri.Lahu Shendge, Shri.Sachin patange, Shri.Pritam Mule and all Teaching & Non-Teaching staff members played vital roles in making all the necessary arrangements & took special efforts to make this webinar successful.

All the Teaching, Non-Teaching staff members of various colleges under the Dayanand Education Society attended the webinar along with 1535 participants across the state. All the participants were awarded with certificate of participation by the college.

Highlights of the Webinar



एकदिवसीय राज्यस्तरीय कार्यशाळा - प्रमुख मार्गदर्शक :

मा. डॉ. तट्यारावजी लहाने

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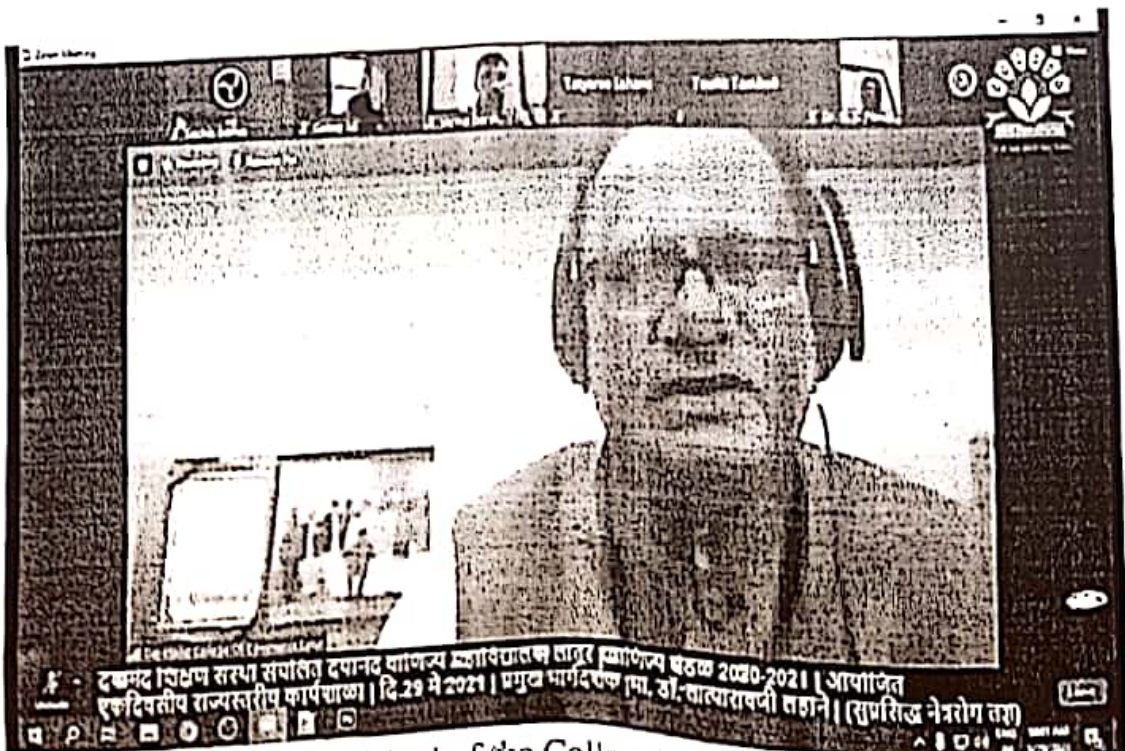
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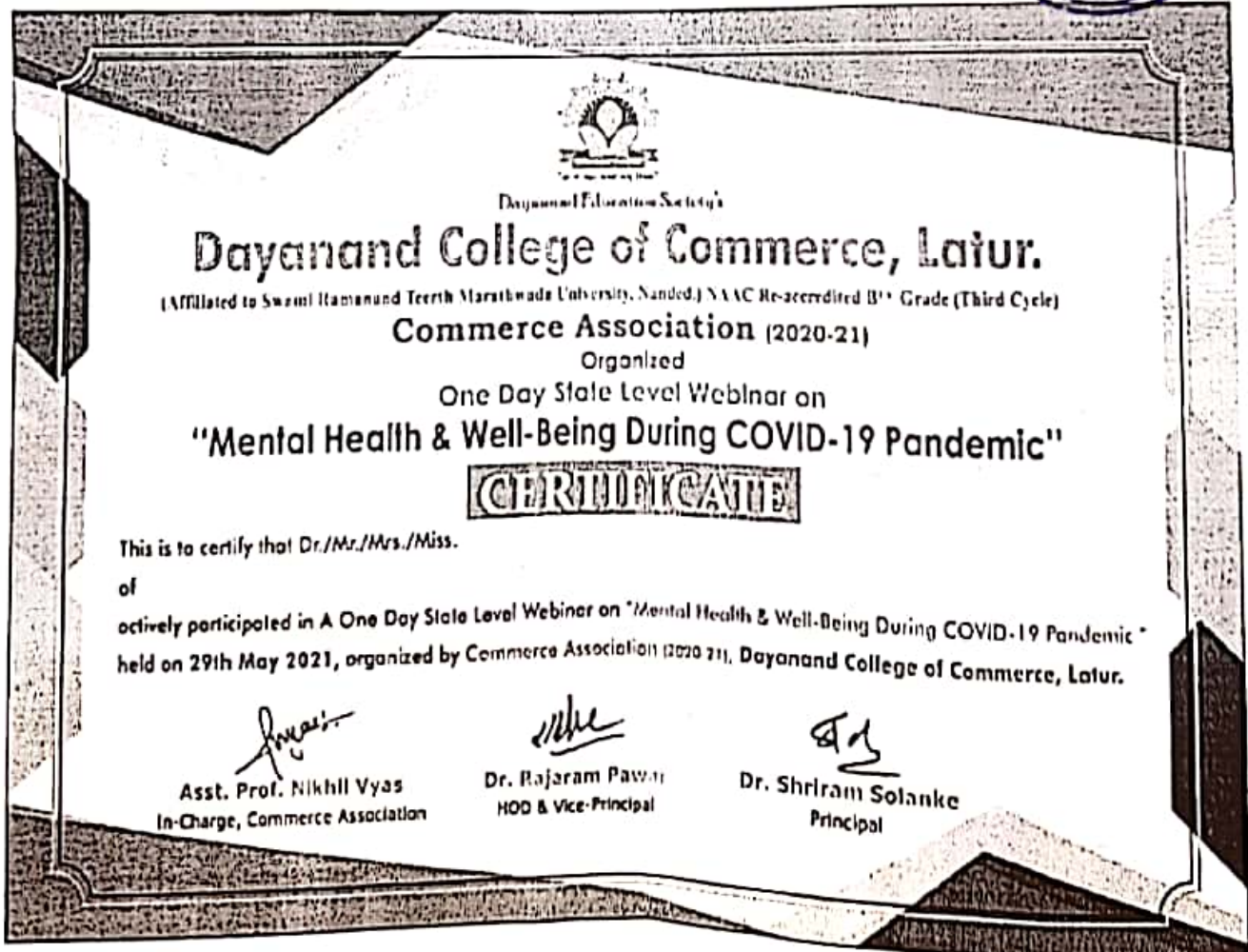
Hon.Dr.Tatyaraoji Lahane as a Resource Person addressing to the Webinar



Dr.S.S.Solanke, Principal of the College while introductory speech



Certificate for Participation



Need to maintain mental health during pandemic: Dr Lahane

Good diet, daily exercise and a positive mind is necessary to fight against Corona and to maintain mental health.

LOKMAT NEWS NETWORK, LATUR, MAY 31

A renowned eye surgeon and director of Medical Education and Research, Dr Tatyara Lahane said that the whole world has been affected by Corona disease since last one year and in this critical situation it is very necessary to maintain mental health. He was speaking as chief

speaker in a state-level webinar organised by Dayanand College of Commerce and Commerce Association on May 30 on the topic 'Mental Health and Well-Being During Covid-19 Pandemic'. President of Dayanand Education Society Laxmiraman Lahu presided over the programme. Vice-president Rameshkumar Raihi, Secretary Ramesh Blyani, Principal Dr Shirram Solanke, Vice-Principal Dr Rajaram Pawar were present as guests of honour. At the outset, the In-charge of Commerce Association Nikhil Vyas welcomed all the guests.

Principal Dr Shirram Solanke made an introductory speech. Dr Lahane said, "We are unaware of the origin of Corona disease. We are not sure exactly when it will end/ Under the guidance of Chief Minister Uddhav Thackeray, Maharashtra government is taking good steps to stop the spreading of corona disease in the state. It is very necessary to maintain mental health during this pandemic. Good diet, daily exercise and a positive mind is necessary to fight against Corona and to maintain mental health. The individual lives without fear if he/she is mentally fit," he added.

Dr Vishal Varma introduced briefly about the life and works of Dr Tatyara Lahane. Yogesh Sharma made conversation with Dr Lahane. Nikhil Vyas anchored the session while Shirwan Bansode proposed vote of thanks. Dr Amita Bhakkad, Yogesh Sharma, Qadeer Shaikh, Shirwan Bansode, Akshay Pawar, Lahu Shendge, Sachin Patange, Pritam Mule and others worked hard to make this webinar successful. All the members of the Dayanand Education Society and principals of various colleges attended the webinar along with 1,535 participants across the state.

Sakal Daily (Marathi Edition)

कोरोना काळात मानसिक स्वास्थ्य सांभाळा वैद्यकीय शिक्षण संचालक डॉ. तात्याराव लहाने यांचे आवाहन

महाराष्ट्र मुक्तसंघ
लातूर, दि. ३० : महाराष्ट्र वैद्यकीय शिक्षण संचालक डॉ. तात्याराव लहाने यांनी म्हणून सांगितले की, कोरोना काळात मानसिक स्वास्थ्य सांभाळणे गरजेचे आहे. चांगला आहार, दैनंदिन व्यायाम आणि सकारात्मक विचारसरणी यांचे आवाहन त्यांनी केले आहे.

दरमितीत कोरोना काळात मानसिक स्वास्थ्य सांभाळणे गरजेचे आहे. चांगला आहार, दैनंदिन व्यायाम आणि सकारात्मक विचारसरणी यांचे आवाहन त्यांनी केले आहे.

विशेष म्हणजे कोरोना काळात मानसिक स्वास्थ्य सांभाळणे गरजेचे आहे. चांगला आहार, दैनंदिन व्यायाम आणि सकारात्मक विचारसरणी यांचे आवाहन त्यांनी केले आहे.

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YouTube Link: <https://www.youtube.com/watch?v=UjQ3yhKIFc0>


Convenor
Shri. N.R. Vyas


Dr. B.G. Kamble
Co-ordinator
Internal Quality Assurance Cell
Dayanand College of Commerce, Latur.


Principal
Dr. S.S. Solanke
Principal
Dayanand College of Commerce
LATUR