

DAYANAND COLLEGE OF COMMERCE, LATUR

Yoga & Meditation Cell-2013-14 to 2017-18

College organizes many activities of Yoga and meditation. Yoga day is one of the biggest events celebrated on 21st June every year to manage the work life balance specific training is given. College also encourages teachers to participate the training program organized by the Manashakti kentra, Lonawala. Many of our students won prizes in the field of Yoga and mallakhamb competitions. On 2nd Oct. 2018 the parent institute organized a special program for all the faculty members on Life with yoga. In this celebration college student, teachers and outsiders also participate. Trained coach is invited to give the training. Teachers bring their family too for this event.



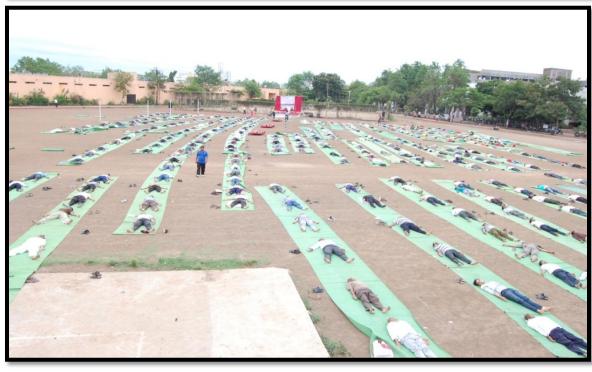






















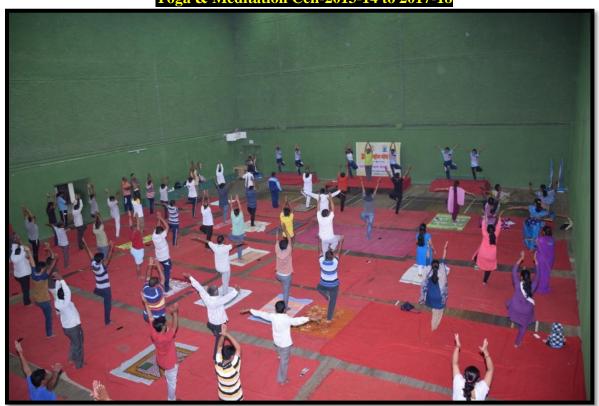






















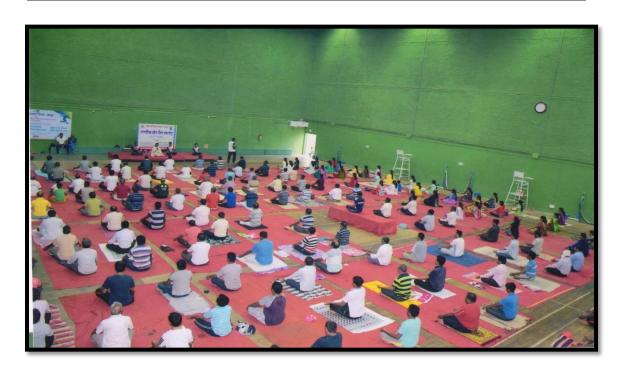




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Dept of Physical Education & Sports
Dayanand College of Commerce
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Dr. S. S. Solanke **Principal**